

Val Zebbru'



Parcheggio Niblogo Madonna dei Monti in Valfurva - Ponte Tre Croci - Val Zebbru' - Zebbru' di Dentro - Rifugio Campo - Baita del Pastore - Parcheggio Niblogo

↔ 17,606 Km

🕒 2:00 - 3:00 h

📏 654 m

📏 666 m

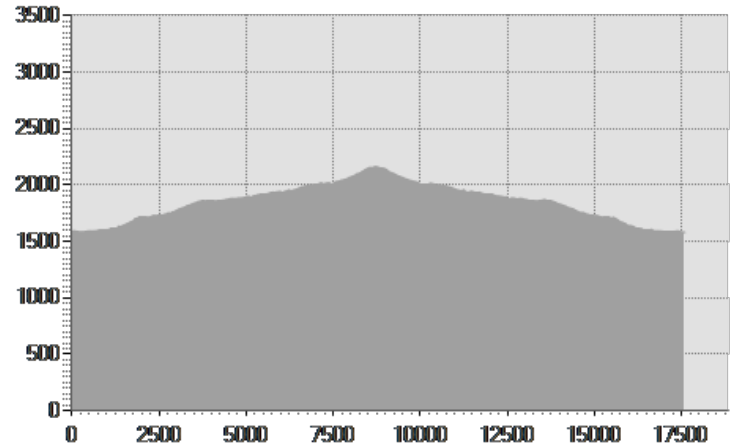


Val Zebbru' is probably the most typical valley of the Parco Nazionale dello Stelvio for its unspoilt nature so rich in flora and fauna that it is quite easy for you to encounter the animals that live in this protected area. This is a dirt road route ideal for your MTB, which runs among pastures, wooden mountains huts, and pinewoods. While climbing uphill, we leave the view of Cima Piazzis behind us and we are literally dominated by the impressive mountain chain going from the Cresta di Reit to Monte Cristallo, Cime di Campo and to Sasso Rotondo. The spurs of the ridge embracing the Cime dei Forni, Cima della Manzina and Monte Confinale slope down to the right. When we get to the Baita del Pastore we are surrounded by a typical high mountain environment and we can distinguish in the distance the difficult mountain bike trail descending eastwards from Passo Zebbru' while the steep trail leading to Rifugio V° Alpini climbs uphill to the left above us. And if we raise our eyes even more, the unmistakable profile of Gran Zebbru' stands out behind the rocks of the Cima della Miniera.

You start riding from the car park in Niblogo (1600 m _ sign Way n. 529) on a nice and flat dirt road. You get to the Ponte delle Tre Croci quite soon and you climb uphill the length of the valley by proceeding to the left and passing past the "maggenghi" in Zebbru' di Fuori and Zebbru' di Dentro (1860 m). We keep on riding and meet Chitomas and Pramighen mountain huts and further the Rifugio Campo. Then we continue on a more challenging uphill stretch and get to our final destination: the Baita del Pastore (2160 m.). We make our way back on the same road and with peace of mind.

TECHNICAL DATA

Length	↔	17,606 Km
Duration	🕒	2:00 - 3:00
height difference uphill	▲	654 m
height difference downhill	▼	666 m
Maximum slope uphill		29%
Maximum slope downhill		12%
Minimum and maximum quota	📏	2165 m 1581 m
Accessibility for bikes		100%
Period Journey		Giugno - Ottobre








SCORES

Global	★★★★★
Skill	★★★★★
Condition	★★★★★
Effort	★★★★★
History	★★★★★
Nature	★★★★★
Landscapes	★★★★★
Architecture	★★★★★

PAVEMENT STATISTIC

Natural pavement	100%
Asphalt pavement	0%
Brick pavement	0%
Equipped paths	0%
Scree pavement	0%
Other types of pavements	0%
Not available data	0%

Directions

Direction	Direction	Length	Time (Trekking)	Cumulative distance
	Start at Fermata1			
	Go northeast on Sentiero n° S529 toward Sentiero n° S547	3 Km 156 m	00:59	
	Arrive at Fermata2, on the left			3 Km 156 m
	Depart Fermata2			3 Km 156 m
	Continue east on Sentiero n° S529	3 Km 707 m	01:11	3 Km 156 m



Continue on Sentiero n° S529 - S526	184 m	00:03	6 Km 863 m
Continue on Sentiero n° S529	1 Km 763 m	00:35	7 Km 47 m
Arrive at Fermata3, on the right			8 Km 810 m
Depart Fermata3			8 Km 810 m
Go back west on Sentiero n° S529	1 Km 763 m	00:28	8 Km 810 m
Continue on Sentiero n° S529 - S526	184 m	00:02	10 Km 573 m
Continue on Sentiero n° S529	6 Km 849 m	01:47	10 Km 757 m
Finish at Fermata4, on the right			17 Km 606 m

points of interest on the path

Category



Type

Description

Area Pic-Nic	Area Pic-Nic vicino a Zebbru' di Fuori
Area Pic-Nic	Area Pic-Nic vicino a Baita di Pece'
Area Pic-Nic	Area Pic-Nic vicino a Valle Cava
Area Pic-Nic	Area Pic-Nic vicino a Baita del Pastore
Bus	Fermata Parcheggio Val Zebbru'
Cappella/Chiesa/Oratorio	Cappella/Chiesa vicino a Ristoro Campo
Localita	Baita del Pastore
Localita	Pramighen
Localita	Zebbru' di Dentro
Localita	Chitomas
Localita	Campo di Fuori
Localita	Ponte delle Tre Croci
Parcheggio	Parcheggio Niblogo
Rifugio con bivacco di emergenza	Rifugio Campo m.2000